

Sun & Age Spots Treatment

Intense Pulsed Light is effective for treating many types of pigmentation or freckles and can be removed with just 1 - 3 treatments, depending on the severity.

You may feel a sharp brief pinching sensation but there is no need for topical aesthetic or pain control as the cooled hand piece increases client comfort and minimizes the adverse skin reaction that can occur.

The Intense Pulsed Light is selectively absorbed by the pigmented spots on your skin. Soon after treatment the spots will darken. Over the next few weeks the darkened spots will fade and some will flake off – don't pick these off or use any abrasive cleanser or exfoliants.

Any future sun exposure without suitable protection will cause burning, slow healing or other sun damage and the appearance of new pigmentation spots.

Vein Removal Treatment

Intense Pulsed Light treats a broad range of vessels, particularly spider veins, broken capillaries (or telangiectasia). Results may be seen after your first treatment but a possible 6 or more may be required depending on the severity.

It works by delivering pulses of light energy which causes blood within the vein to coagulate, eventually destroying the vessel which is later re-absorbed by your body and blood flow will be redirected.

All healing takes place below the skin surface. Although a slight reddening and local swelling of the skin may appear but this will subside within 24 hours. It is recommended not to take hot baths or showers or do gym activities for 12 hours after treatment as blood must not be pumped through the vessel.

Extreme weather conditions (*going from hot to cold temperatures*), excessive smoking or drinking or eating hot spicy foods could cause new vessels to appear overtime.

What to do now?

Book in for a complimentary consultation to find out if IPL is the right treatment for you!

Consultations take 30 minutes

How much does IPL cost?

Prices vary from person to person depending on the treatment time required and the area size.

Combo packages are available when undergoing two or more treatment areas.

At the time of your consultation we will work out a suitable treatment plan and cost.

**about
beauty**
at monaco

OPEN 7 DAYS

p: +64 3 547 0798

e: about.beauty@vodafone.co.nz

www.monacoresort.co.nz



Reservations: At about beauty we recognize that your time is valuable and offer appointments to suit your needs. The time we have set aside for you is also valuable and we ask that you give at least 12 hours notice of cancellation when possible, otherwise a late cancellation fee may be payable. The answer phone is available for appointment request, cancellations or messages. Please arrive on time and switch your mobile phone off, to respect other clients. Free car parking available.

Member of:  **the association of
beauty therapists**
NZ, INC.

**about
beauty**
at monaco



**IPL
Intense
Pulsed Light**

Hair Removal Treatment

The IPL system removes hair from all parts of the body including face, legs, arms, underarms, back, chest, tummy and bikini area.

Intense Pulsed Light works by disabling the hair that is principally in the active growth phase at the time of treatment. Since other hairs will enter this active growth phase at different times, additional treatments may be necessary to disable all the hair follicles in a given area. Six weekly intervals between treatments is advised to get best results.

Most areas require a minimum of 6 treatments but you may need up to 10 depending on various factors such as hair thickness, hair colour, the area being treated and your growth cycle. Not all hairs are actively growing at the same time, but go through three distinct phases - growth, regression and resting. With this in mind we have a policy that after you have completed 6 treatments, the cost is then reduced by 50% (half price) for further treatments.

The IPL sensation varies from person to person and also depends on the area being treated. It is described as a mild warm stinging sensation but no local anesthetic

is required as the Perfection III+ has a cooling head which allows safe treatment, cooling the skin down to minus 5 degrees allowing for minimum discomfort.

Slight redness or swelling may appear following your treatment. After 7 days approx. you may experience what seems to be regrowth of hair but after a further few weeks most of these hairs will shed. It is important not to wax or pluck between treatments but it is fine to shave.



Complimentary consultations... find out if IPL is the right treatment for you

Intense Pulsed Light

At About Beauty we have the latest technology by using the Skin Perfection III+ IPL Machine which can treat all skin colours and types.

Skin Rejuvenation Treatment

Intense Pulsed Light is effective for treating a variety of skin conditions.

By gently heating up the upper dermis, well below your skins surface the light stimulates Collagen and Elastin regrowth by giving it a 'wakeup shock' which in effect improves the skins appearance effectively treating fine lines, wrinkles, large pores, uneven skin texture, diffused redness, acne & some scarring.

It has excellent results for diffused redness which is the general appearance of facial redness which is often associated with a condition called rosacea,



Lisa Davis

IPL Technician
Internationally Qualified
Beauty Therapist
with 20 years experience

which can be hereditary. IPL will help with the appearance by gently reducing the colour.

You will feel a slight stinging sensation but the cooling system on the head will help to sooth, so there is no need for topical aesthetic or pain control. The ideal treatment plan is to have them done once a month, for up to 6 treatments.



Effective for treating a variety of skin conditions... fine lines, wrinkles, large pores, uneven skin texture, diffused redness, acne & some scarring.

The results you can expect to see are subtle after each treatment, with best results seen after the fourth treatment. Over this time the skin will have a more youthful glow with past sun damage and aging reduced. Following a good skin care program at home will help to maintain the results.

IMPORTANT

Following all Intense Pulsed Light treatments it is important that you always use a SPF 30 for a minimum of one week whenever you are in the sunshine as this treatment makes your skin Photo Sensitive!!

Acne Treatment

The Intense Pulsed Light can help bad acne lesions by drying them up and speeding up the healing. The number of treatments will depend on the severity of congestion.

Best results are achieved with combined IPL treatment and a tailor made skin care program.

